

HILCSA

Documentation and Manual for Holistic and Integrated Life Cycle Sustainability Assessment in openLCA

HILCSA Version 2.3

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1 Background and Motivation

Established Life Cycle Assessment (LCA) methods evaluate ecological impacts across all stages of the life cycles of products, processes, and services. In contrast to traditional LCA, Life Cycle Sustainability Assessment (LCSA) incorporates social and economic dimensions. Holistic and Integrated Life Cycle Sustainability Assessment (HILCSA)¹ further advances this development as an innovative and unique approach, enabling a comprehensive, ISO 14040/14044-compliant, and integrated assessment of holistic social, ecological, and economic sustainability.

The motivation behind developing HILCSA, as introduced by Zeug et al. (2021, 2022, 2023) is to provide a method that integrates ecological, social, and economic sustainability in a single Life Cycle Impact Assessment (LCIA) method. This way, production systems can be assessed holistically, as numerous indicators across all three sustainability dimensions are evaluated and interpreted simultaneously. Additionally, HILCSA combines an LCSA with an SDG framework and integrates common LCIA methods technically to be applied in openLCA. It was specifically designed to compare prospective green technologies to a conventional reference system, but is not limited to that. HILCSA evaluates the environmental, social, and economic impacts of production and consumption systems to identify sustainability hotspots and synergies. Taking into account regional data and global development goals, the relative sustainability performance of value chains can be determined on multiple scales. The results can further be interpreted as risks and synergies of the corresponding product systems and their contribution to the Sustainable Development Goals (SDGs).

Several approaches in the scientific literature pursue integrated LCSA by applying environmental, social, and economic LCA methods separately. In contrast, HILCSA is unique in integrating a set of numerous impact categories and LCIA methods into a sustainability framework and working environment. This unified framework facilitates and harmonizes the application of impact assessment methods.

¹ Official website: [HILCSA - Helmholtz-Centre for Environmental Research](https://www.hilcsa.de)

2 Conceptualization of HILCSA

HILCSA was originally developed by Dr.-Ing. Walther Zeug at the Helmholtz Centre for Environmental Research (UFZ), Leipzig. The method is based on the theory of Societal Relations to Nature (SRN), which views economic systems as provisioning systems² comprising both physical and social components. These systems of societal metabolisms mediate the transformation of natural resources into goods and services for fulfilling societal needs through infrastructure and economic processes.

While traditional LCA examines product systems and their impacts with a small set of disconnected indicators, LCSA considers multiple impacts in all sustainability dimensions. Nevertheless, LCSA is usually based on a linear summation of social LCA, environmental LCA, and life cycle costing, while each is assessed separately. For a more holistic perspective, HILCSA combines these three dimensions into a single assessment method to jointly evaluate parts of a system in an integrated and harmonized framework. In HILCSA, social sustainability is defined as the long-term, global fulfillment of societal needs and well-being, while ecological sustainability is perceived as the long-term environmental stability for social reproduction³ within planetary and regional ecological boundaries (PB). Economic sustainability is understood as the means to support the fulfillment of societal needs within PB through efficient, effective, sufficient, and just economic systems (Figure 1).

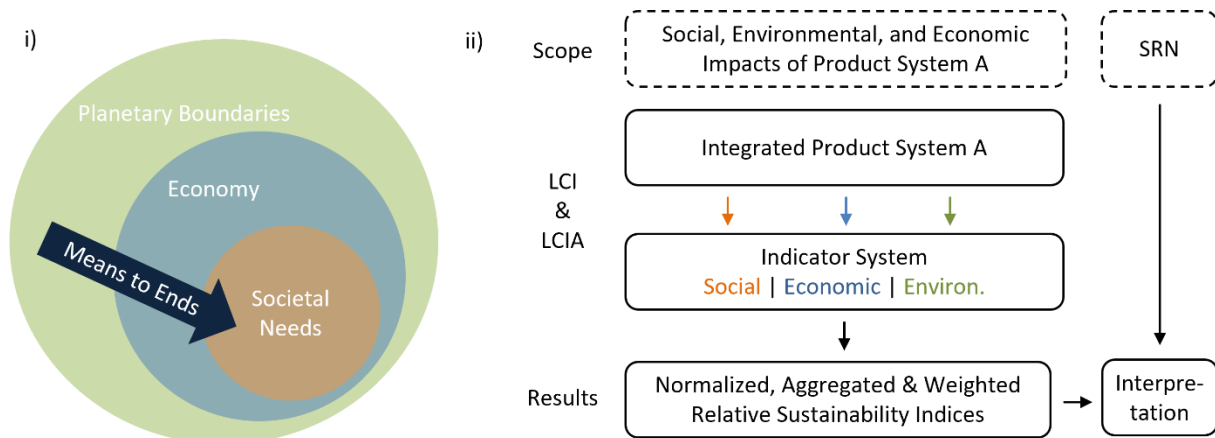


Figure 1: Sustainability concept and methodological framework of HILCSA, adapted from Zeug et al. (2023).

HILCSA integrates 80 social, ecological, and economic indicators. In this case, integration means the horizontal integration of impacts among all sustainability dimensions (see Figure 2) and the vertical integration of scales and scopes from the product to the regional level, considering Societal Relations to Nature (SRN) (Zeug et al., 2021). The method

² Social-ecological provisioning systems as described by the Institute for Spatial and Social-Ecological Transformations (ISSET) and Liehr et al. (2017)

³ „Social Reproduction Theory“ as in Herb and Uhlmann (2024)

provides a transdisciplinary and critical analysis of sustainability trade-offs, synergies, and hotspots in production and consumption systems, allowing an informed Multi-Criteria Decision Analysis (MCDA). By contrasting the modelled provision system with a reference, the relative sustainability performance can be assessed.

HILCSA v2.3 processes a broad range of social, ecological, and economic data to model processes, products, organizations, and regions, incorporating material and energy flows, as well as working time. Therefore, the method is fully implemented in the openLCA software to utilize the SoCa v3 database (based on Ecoinvent v3.10).

3 Impact Assessment Method

3.1 Integrated Life Cycle Impact Assessment Methods

HILCSA is based on the established LCIA methods ReCiPe 2016, EF 3.0, soca v3, and Cumulative Energy/Exergy Demand. Impact categories are retrieved from those and integrated into one impact assessment method in openLCA. The current HILCSA version 2.3 includes 80 indicators and can address 13 of 17 SDGs. While several indicators are connected to one SDG, no indicator is linked to more than one SDG to avoid double-counting. Substitution factors of impacts normalize the impact assessment results, which are then aggregated to the related SDG, sustainability dimension, and finally, to a total substitution factor of impacts (Figure 2). This final substitution factor represents the relative sustainability performance of product system A, compared to product system B.

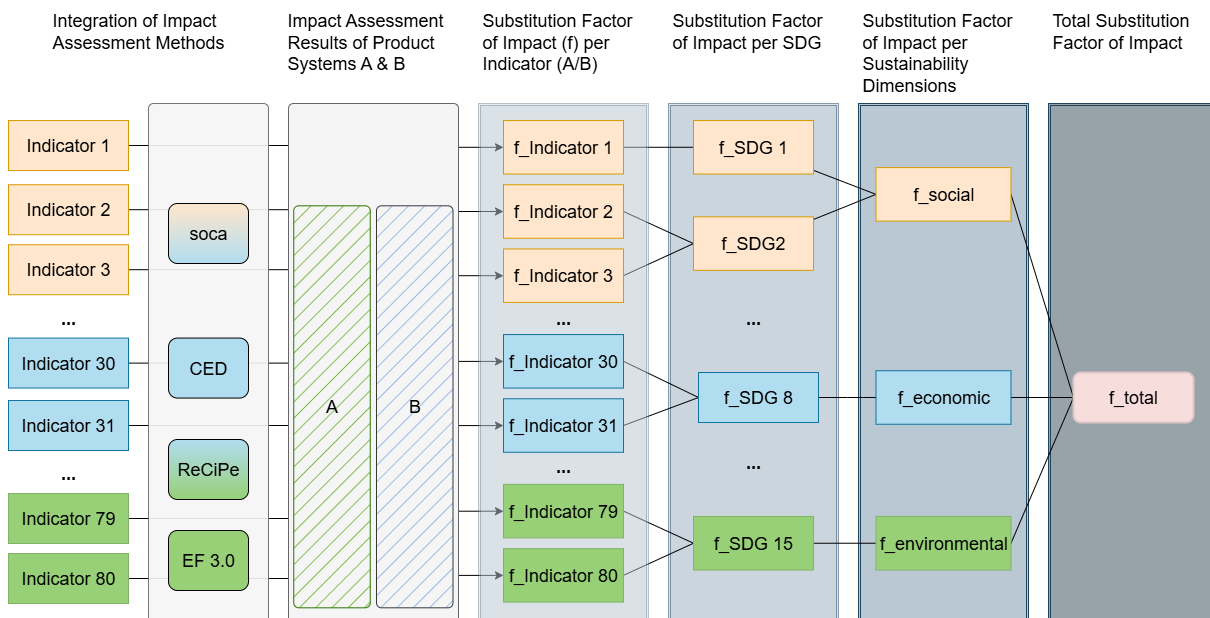


Figure 2: HILCSA LCA framework and aggregation levels.

3.2 Normalization, Weightings, and Aggregation

The Life Cycle Impact Assessment Results are normalized by setting two product systems with the same functional unit and full substitutability of products in relation to each other (Eq. 1). The impact assessment results of product system A are divided by the impact assessment results of product system B (reference system) for each indicator. This results in a substitution factor of impact (f) for each of the 80 indicators (f_sSDG). Each one is aggregated to its related SDG (f_SDG), which again is further aggregated to one of the three sustainability dimensions (f_SN-ECO-PB). The final substitution factor of impact (f_total, column AE) is calculated based on the substitution factors of impact per SDG.

In HILCSA v 2.3, no weightings are applied by default ($R = 1.0$). Former versions included values based on bioeconomy experts' perspectives on the importance of the SDG sub-goals, as elaborated in Zeug et al. (2019). However, for a more universal application, users can include their own weightings in column C (with $R=1.0-10.0$). The aggregation of substitution factors from the indicators to the total is based on the geometric mean, as shown in Eq. 2.1 to 2.3:

$$\text{Eq. 1} \quad f^{sSDG} = \frac{x_{sSDG}^A}{x_{sSDG}^B}$$

$$\text{Eq. 2.1} \quad f^{SDG} = \sqrt[R]{\prod_{sSDG=1}^n f^{sSDG R^{sSDG}}} \quad R := \sum_{sSDG=1}^n R^{sSDG}$$

$$\text{Eq. 2.2} \quad f^{Soci-Econ-Ecol} = \sqrt[R]{\prod_{SDG=1}^n f^{SDG R^{SDG}}} \quad R := \sum_{SDG=1}^n R^{SDG}$$

$$\text{Eq. 2.3} \quad f^{total} = \sqrt[R]{\prod_{SDG=1}^{15} f^{SDG R^{SDG}}} \quad R := \sum_{SDG=1}^{15} R^{SDG}$$

x_{sSDG}^A, x_{sSDG}^B = Impact assessment results of product system A and B per indicator

f^{sSDG} = Substitution factor of impact per indicator (sub-SDG)

f^{SDG} = Substitution factor of impact per SDG

$f^{Soci-Econ-Ecol}$ = Substitution factor of impact per sustainability dimension

$\sqrt[R]{\prod_{i=1}^n f_i^{R_i}}$, $R := \sum_{i=1}^n R_i$ = Weighted geometric mean

R^{sSDG} = Weighting per indicator (sSDG)

R^{SDG} = Average of indicator weightings (R^{sSDG}) per SDG

The weightings and aggregation formulas are automatically applied, and the results are shown in the columns AB to AE of the Excel template. The underlying equations and side calculations are run in the columns AH to AQ for transparency reasons and must not be changed.

3.3 Indicator Selection

| | Impact Category (SDG) | Indicator | Unit of Measurement | Source |
|------------------------------------|-------------------------------------|---|--|------------------------|
| Social Sustainability | 1 - No Poverty | Social security expenditures | SS med risk hours/h | soca v3 |
| | 2 - Zero Hunger | Water consumption - HH | Daly/m3 consumed | ReCiPe (End) |
| | | Indigenous rights | IR med risk hours/h | soca v3 |
| | 3 - Good Health and Well-being | Health expenditure | HE med risk hours/h | soca v3 |
| | | Life expectancy at birth | LE med risk hours/h | soca v3 |
| | | DALYs due to indoor and outdoor air and water pollution | DALY med risk hours/h | soca v3 |
| | | Pollution | P med risk hours/h | soca v3 |
| | | Global Warming - HH | DALY/kg CO2 eq. | ReCiPe (End) |
| | | Stratospheric ozone depletion - HH | DALY/kg CFC11 eq. | ReCiPe (End) |
| | | Photochemical ozone formation - HH | DALY/kg NOx eq. | ReCiPe (End) |
| | | Ionizing Radiation - HH | DALY/kBq Co-60 emitted to air eq. | ReCiPe (End) |
| | | Fine particulate matter formation - HH | DALY/kg PM2.5 eq. | ReCiPe (End) |
| | | Toxicity - HH (cancer) | DALY/kg 1,4-DCB emitted to urban air eq. | ReCiPe (End) |
| | | Toxicity - HH (non-cancer) | DALY/kg 1,4-DCB emitted to urban air eq. | ReCiPe (End) |
| | 4 - Quality Education | Expenditures on education | EE med risk hours/h | soca v3 |
| | 5 - Gender Equality | Gender wage gap | GW med risk hours/h | soca v3 |
| Men in the sectoral labour force | | M med risk hours/h | soca v3 | |
| Women in the sectoral labour force | | W med risk hours/h | soca v3 | |
| Economic Sustainability | 6 - Clean Water and Sanitation | Drinking water coverage | DW med risk hours/h | soca v3 |
| | | Sanitation coverage | SC med risk hours/h | soca v3 |
| | 7 - Affordable and Clean Energy | Cumulative Energy Demand, Renewable energies | MJ | CED |
| | | Cumulative Energy Demand | MJ | CED |
| | | Cumulative Exergy Demand | MJ | CExD |
| | 8 - Decent Work and Economic Growth | Contribution of the sector to economic development | CE med risk hours/h | soca v3 |
| | | Working time | h | extracted from soca v3 |
| | | Weekly hours of work per employee | WH med risk hours/h | soca v3 |
| | | Net migration | NM med risk hours/h | soca v3 |
| | | International Migrant Stock | IMS med risk hours/h | soca v3 |
| | | International migrant workers (in the sector/ site) | IMW med risk hours/h | soca v3 |
| | | Migration flows | MF med risk hours/h | soca v3 |
| | | Fair salary | FS med risk hours/h | soca v3 |
| | | Unemployment | U med risk hours/h | soca v3 |
| | | Child Labour, total | CL med risk hours/h | soca v3 |
| Trafficking in persons | | Trafficking in persons/h | soca v3 | |
| Frequency of forced labour | | FL med risk hours/h | soca v3 | |
| Goods produced by forced labour | GFL med risk hours/h | soca v3 | | |
| Association and bargaining rights | ACB med risk hours/h | soca v3 | | |
| Trade unionism | TU med risk hours/h | soca v3 | | |
| Non-fatal accidents | NFA med risk hours/h | soca v3 | | |

| | | | | |
|--|--|--|-------------------------|--------------|
| Ecological Sustainability | | Fatal accidents | FA med risk hours/h | soca v3 |
| | | Safety measures | SM med risk hours/h | soca v3 |
| | | Violations of employment laws and regulations | VL med risk hours/h | soca v3 |
| | | Workers affected by natural disasters | ND med risk hours/h | soca v3 |
| | 12 - Responsible Consumption and Production | Embodied agricultural area footprints | EAF med risk hours/h | soca v3 |
| | | Embodied biodiversity footprints | EBF med risk hours/h | soca v3 |
| | | Embodied forest area footprints | EFA med risk hours/h | soca v3 |
| | | Embodied water footprints | EWf med risk hours/h | soca v3 |
| | | Embodied GHG footprints | EWf med risk hours/h | soca v3 |
| | | Industrial water depletion | WU med risk hours/h | soca v3 |
| | | Fossil resource scarcity | USD2013/kg Cu | ReCiPe (End) |
| | | Fossil fuels consumption | FF med risk hours/h | soca v3 |
| | | Biomass consumption | BM med risk hours/h | soca v3 |
| | | Minerals consumption | MC med risk hours/h | soca v3 |
| | | Resource use, minerals and metals | kg Sb eq. | EF 3.0 |
| | | Ionizing Radiation | Bq C-60 eq. to air | ReCiPe (Mid) |
| | | Certified environmental management system | CMS med risk hours/h | soca v3 |
| | | Anti-competitive behaviour or violation of anti-trust and monopoly legislation | AC med risk hours/h | soca v3 |
| | 16 - Peace, Justice, and Strong Institutions | Risk of conflicts | ROC med risk hours/h | soca v3 |
| | | Public sector corruption | C med risk hours/h | soca v3 |
| | | Active involvement of enterprises in corruption and bribery | AI med risk hours/h | soca v3 |
| | 13 - Climate Action | Climate Change | kg CO2 eq. | EF 3.0 |
| | | Climate Change (fossil) | kg CO2 eq. | EF 3.0 |
| | | Climate Change (biogenic) | kg CO2 eq. | EF 3.0 |
| | | Climate Change (land use change) | kg CO2 eq. | EF 3.0 |
| | 14 - Life Below Water | Global Warming - Freshwater ecosystems | Species.year/kg CO2 eq. | ReCiPe (End) |
| | | Eutrophication freshwater | kg P eq. | EF 3.0 |
| Ecotoxicity freshwater | | CTUe | EF 3.0 | |
| Water use | | m ³ world equiv. | EF 3.0 | |
| Acidification terrestrial and freshwater | | Mole of H+ eq. | EF 3.0 | |
| Toxicity - Marine ecosystems | | species · yr/kg 1,4-DBC emitted to sea water eq. | ReCiPe (End) | |
| Eutrophication marine | | kg N eq. | EF 3.0 | |
| 15 - Life on Land | Land Use | Pt | EF 3.0 | |
| | Terrestrial Acidification | kg SO2 eq. | ReCiPe (Mid) | |
| | Terrestrial ecotoxicity | kg 1,4-DB eq. | ReCiPe (Mid) | |
| | Eutrophication terrestrial | Mole of N eq. | EF 3.0 | |
| | Global Warming - Terrestrial ecosystems | Species.year/kg CO2 eq. | ReCiPe (End) | |
| | Photochemical ozone formation - Terrestrial ecosystems | Species.year/kg NOx eq. | ReCiPe (End) | |
| | Acidification - Terrestrial ecosystems | Species.year/kg SO2 eq. | ReCiPe (End) | |
| | Toxicity - Terrestrial ecosystems | species*yr/kg 1,4-DBC emitted to industrial soil eq. | ReCiPe (End) | |
| | Water consumption - terrestrial ecosystems | species.yr/m3 consumed | ReCiPe (End) | |

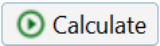
4 Step-by-Step Manual

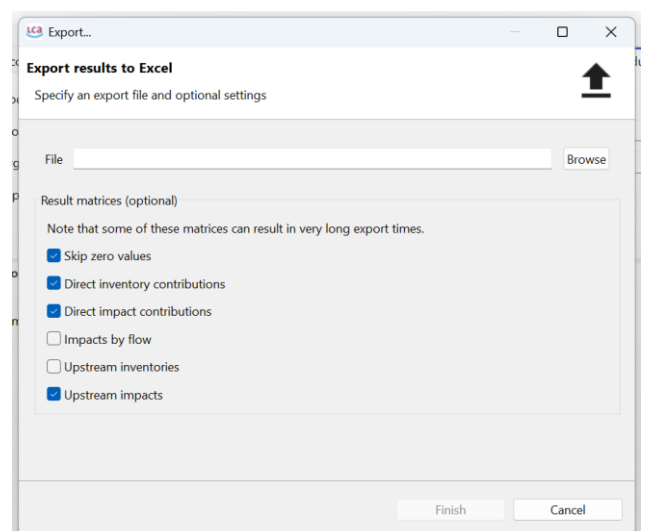
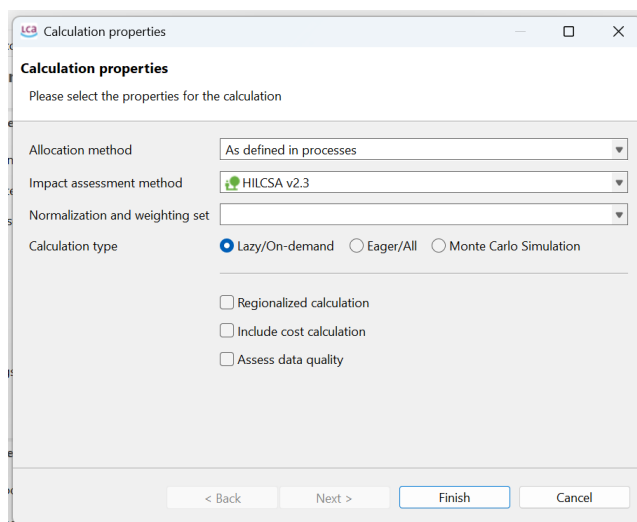
Step-by-Step guide to apply HILCSA as an Impact Assessment Method in openLCA and how to prepare them for publications.

Prerequisites:

- Installed openLCA software
- Licensed soca v3 database (based on ecoinvent 3.10)
- Licensed HILCSA v2.3 method package

Calculation and Export of Results from openLCA

1. Download the soca v3 database and the HILCSA v2.3 method package from Nexus
2. Import the soca v3 database in openLCA (*File, Import, File*)
3. Now import the HILCSA v2.3 method into the database in openLCA (*File, Import, File*)
4. Create your Life Cycle Inventory (LCI) for both of your product systems (A & B) in openLCA using the soca v3 processes
5. Create a product system out of your LCI for product system A and click 
6. Choose HILCSA v2.3 from the list of impact assessment methods and run the calculation



7. Export the results in Excel to a chosen folder on your device, check the box to include all upstream impacts, and click finish

Info: The download of the result Excel can take a few minutes, no worries. If you run into an error, adjust the maximum memory usage under *File, Preferences, Configuration*, to a higher memory usage (approx. 80% of your hardware's RAM)

Import the results into the HILCSA v2.3 Excel Template

1. Go to the sheet "Impacts" in the result Excel file and copy the total impact values of the product system A (E3:E82) into the designated column (Z4:Z83) in the HILCSA template:

| | A | B | C | D | E | F | G | H |
|-----|---|-------------|--------------|-----------|----------|---|---|---|
| 2 | | Impact ca | Impact ca | Reference | Result | | | |
| 3 | | 2b33860a-aa | 1 SN SC SS | med ris | 3.473251 | | | |
| 4 | | 7e155906-ab | 2 SN SD DALY | | 1.87E-07 | | | |
| 5 | | ec45fa3b-ac | 3 SN SD IR | med risk | 0.104874 | | | |
| 6 | | c4c5a7dc-ad | 4 SN SC HE | med ris | 4.224538 | | | |
| 7 | | f5157758-ae | 5 SN SC LE | med ris | 0.331452 | | | |
| 8 | | d46aa0b9-af | 6 SN SD DALY | med | 0.039412 | | | |
| 9 | | dfab368b-ag | 7 SN SD P | med risk | 0.800104 | | | |
| 10 | | 6d0ea76a-ah | 8 SN SD DALY | | 3.76E-07 | | | |
| 11 | | 76766b77-ai | 9 SN SD DALY | | 2.54E-09 | | | |
| 12 | | 1aa4a743-aj | 10 SN S DALY | | 1.18E-09 | | | |
| 13 | | 33599466-ak | 11 SN S DALY | | 1.15E-10 | | | |
| 14 | | d6a72252-al | 12 SN S DALY | | 3.89E-07 | | | |
| 15 | | 6232f86b-am | 13 SN S DALY | | 2.73E-07 | | | |
| 16 | | ad3abfe7-an | 14 SN S DALY | | 5.51E-08 | | | |
| 17 | | ec84a6b7-ao | 15 SN S EE | med ris | 0.484498 | | | |
| 18 | | 78c124c6-ap | 16 SN S GW | med ri | 0.527679 | | | |
| 19 | | f32d1fac-aq | 17 SN S M | med risk | 0.000897 | | | |
| 20 | | 0d26390b-ar | 18 SN S IW | med ris | 0.193783 | | | |
| 21 | | 07374d56-as | 19 PS S IDW | med ri | 3.693659 | | | |
| 22 | | da761405-at | 20 PS S SC | med ris | 4.446748 | | | |
| 23 | | 8f07b639-au | 21 PS S MJ | | 15.84215 | | | |
| 24 | | 4a009b2e-av | 22 PS S IMJ | | 19.76591 | | | |
| 25 | | 6066485-aw | 23 SN S DALY | | 0.117766 | | | |
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| 99 | | 6066485-aw | 23 SN S DALY | | 0.117766 | | | |
| 100 | | 6066485-aw | 23 SN S DALY | | 0.117766 | | | |

| | | foreground processes incl. background upstream | | | | | | | | | | | | | | | |
|-------------------|---|--|---|---|---|---|---|---|---|---|---|---|---|---|----|---|-------|
| | | N | O | P | Q | R | S | T | U | V | W | X | Y | Z | AA | | |
| | | HILCSA LCIA Results for System A (x_A) | | | | | | | | | | | | | | HILCSA LCIA Results, Reference System (x_B) | |
| | | Color scale for processes per indicator hot-spot (red - highest risk; green - lowest risk) | | | | | | | | | | | | | | | |
| Evaluation Scheme | Impact Factors | foreground processes incl. background upstream | | | | | | | | | | | | | | total | total |
| | | | | | | | | | | | | | | | | | |
| Soca | very low risk = 0.01; low risk = 0.1; medium risk = 1.0; high risk = 10.0 | | | | | | | | | | | | | | | | |
| ReCiPe | ReCiPe | | | | | | | | | | | | | | | | |
| Soca | very low risk = 0.01; low risk = 0.1; medium risk = 1.0; high risk = 10.0 | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | |

2. Now, go to the "Total upstream impacts" sheet and copy the impacts for the foreground processes you want to compare to each other and paste them into the columns (P-Y) next to each other
3. You can adjust the number of rows individually to the number of foreground processes you want to analyze

Info: Now you have the impacts for each foreground process, including ALL upstream processes and their background systems. The last process producing the functional unit (Tier 1) encompasses all upstream processes and impacts of the value chain (Figure 3). To receive the direct impacts for a specific process, you have to subtract all input processes from the total upstream impacts (Figure 4).

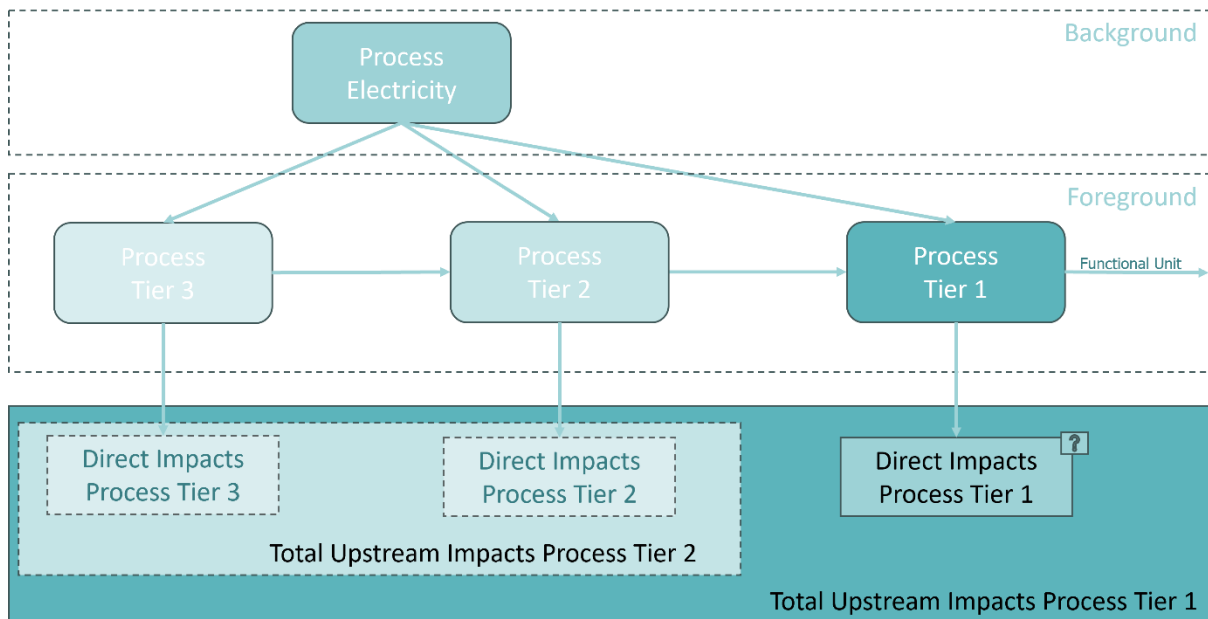


Figure 3: Composition of Total Upstream Impacts, including foreground and background processes; Process Tier 1 produces the functional unit.

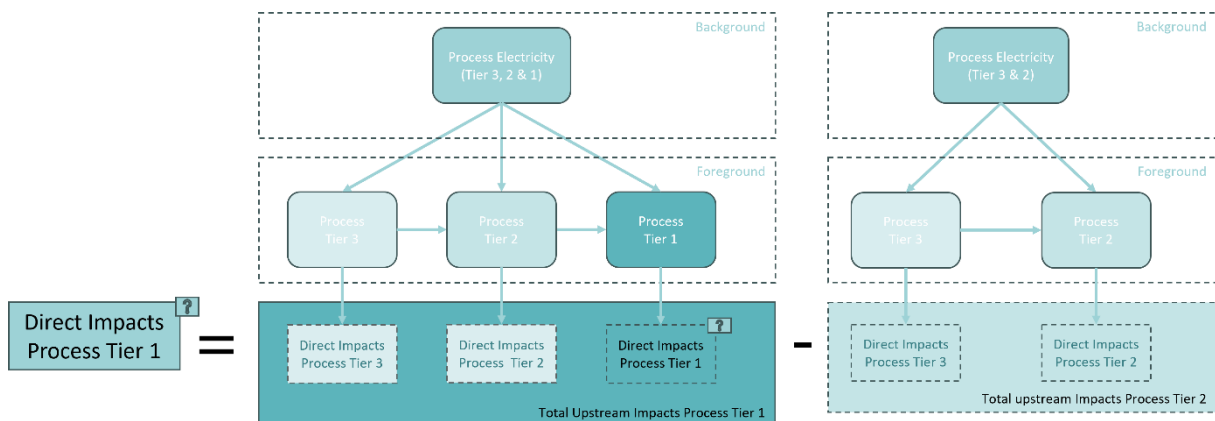


Figure 4: Calculation of Direct Impacts Process Tier 1;
 $Direct\ Impacts\ Process\ Tier\ 1 = (Total\ Upstream\ Impacts\ Process\ Tier\ 1) - (Total\ upstream\ Impacts\ Process\ Tier\ 2)$

The Reference System B

1. Finally, repeat each step for the reference product system (B) you want to compare to your target product system (A) (Inventory, Product system & Excel export)
2. You can either copy the result values directly from the openLCA Tab “Impact analysis” or from the “Impacts” sheet of the exported Excel file. Paste the total impact values into the designated column (AA) in the HILCSA Excel template.
3. The Excel sheet will automatically set colors to highlight high and low risks of the product system, for example:

| P | Q | R | S | T | U | V | W | X | Y | Z | AA | AB | AC | AD | AE | |
|--|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|--|---|-------|-------------|-------|--|
| HILCSA LCIA Results for System A (x_A) | | | | | | | | | | | HILCSA LCIA Results, Reference System (x_B) | RESULTS substitution factors of impact (f) | | | | |
| Color scale for processes per indicator hot-spot (red - highest risk; green - lowest risk) | | | | | | | | | | | | | | | | |
| foreground processes incl. background upstream | | | | | | | | | | | total | total | | | | |
| | | | | | | | | | | | | f_sSDG | f_SDG | f_SN-ECO-PB | Total | |
| 4.39E+01 | 3.01E+00 | 3.22E+00 | 6.94E+00 | 1.09E+01 | 2.46E+00 | 1.20E+01 | 1.10E-01 | 2.25E+01 | 2.46E+00 | 1.38E+02 | 9.43E+02 | 0.15 | 0.15 | | 0.31 | |
| 2.81E-07 | 2.90E-09 | 1.09E-08 | 4.55E-06 | 2.58E-07 | 2.50E-09 | 8.13E-09 | 8.31E-10 | 4.54E-08 | 2.50E-09 | 4.30E-06 | 2.07E-06 | 2.08 | 0.71 | | | |
| 7.97E-01 | 4.56E-02 | 5.57E-02 | 1.59E-01 | 2.32E-01 | 8.07E-02 | 2.66E-01 | 1.99E-03 | 6.06E-01 | 8.07E-02 | 3.47E+00 | 1.42E+01 | 0.24 | | | | |
| 1.88E+01 | 1.26E+00 | 1.38E+00 | 3.19E+00 | 4.88E+00 | 1.18E+00 | 5.25E+00 | 4.72E-02 | 1.05E+01 | 1.18E+00 | 6.10E+01 | 3.94E+02 | 0.15 | | | | |

Figure 5: HILCSA color scheme indicating high and low risks of processes.

4. The substitution factors of impacts (f) are calculated automatically (columns AB-AE)
5. **Optional:** If you want to apply weightings to the indicators, set R (=1.0-10.0) to the preferred value in column C
6. Your HILCSA results are ready for interpretation!

HILCSA Figure (optional)

1. Open the PowerPoint file with the HILCSA Figure Template
2. You can now copy each cell of the aggregated SDG level (f_SDG) into the slide
3. Adjust the value of the substitution factor of impact
4. Copy the color of the original cell in Excel into the designated cell in the Figure by using the eyedropper function, for example:

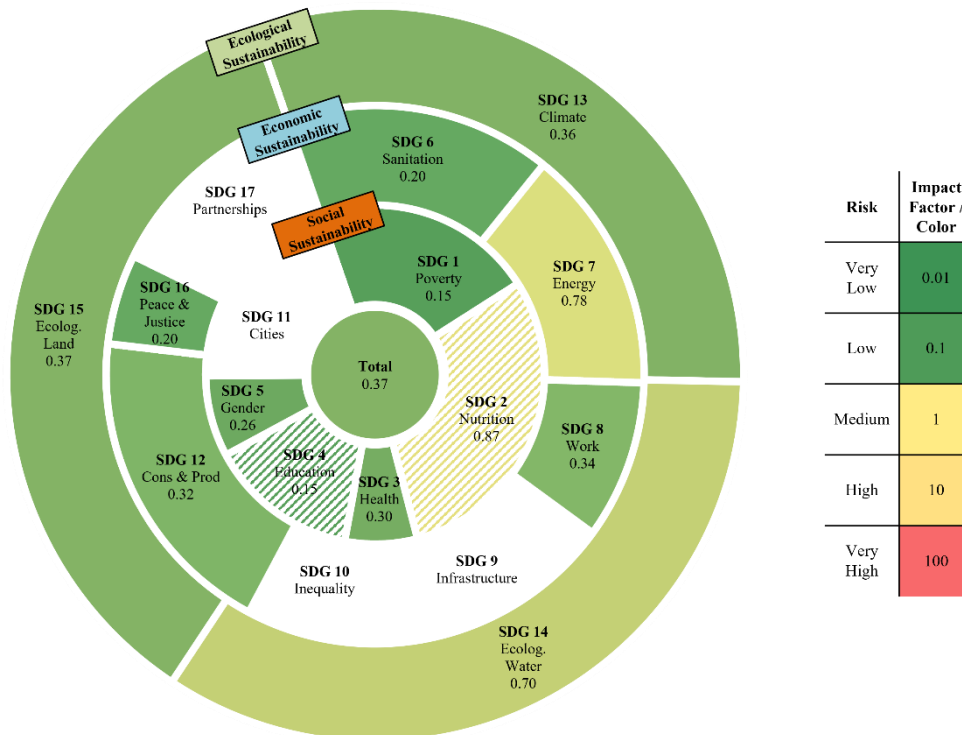


Figure 6: Relative sustainability of product system A compared to product system B; based on HILCSA results. Impact Factors <1 indicate a superior sustainability performance, while an impact factor >1 indicates higher risks compared to the reference product system B. The Figure was adopted from Zeug, Yupanqui, et al. (2023); hatched SDGs lack indicators, and white SDGs are not addressed.

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